

REPORT ON DHEEKSHA 3.0 – STUDENT ORIENTATION PROGRAMME

Date: 17 July 2026

Day: Friday

Institution: IES College of Arts and Science, Chittilappilly

Venue : EEE Hall

IES College of Arts and Science, Chittilappilly, organized DHEEKSHA 3.0, an orientation and induction programme for students, on 17 July 2026. The programme was designed to warmly welcome students into the academic community and provide them with essential guidance regarding college life, academic responsibilities, discipline, code of conduct, and student welfare

Programme Proceedings

The programme commenced at 10:00 a.m. with a prayer led by **Smt. Jayalakshmi N.V(HoD Department of Management)**. This was followed by a vibrant welcome dance performed by the senior students, creating a warm and engaging atmosphere.

Smt. Merina Mathew, HoD, Department of English, delivered the welcome address and extended greetings to the students and dignitaries. **Dr. C.C. Babu, Principal**, delivered the presidential address and emphasized the importance of discipline, academic excellence, active participation, and responsible conduct during the students' college journey.

The programme continued with quotations from the Holy Book, followed by the inaugural address by **Sri. Abdul Rasheed K. P., Senior Vice President, IES**. The traditional lighting of the lamp ceremony was then conducted, with the light subsequently handed over to the students, symbolizing the transmission of knowledge and the beginning of a new academic journey.

At 11:00 a.m., the Anti-Ragging Pledge was administered by **Mr. Amal C. J., Nodal Officer, IESCAS**, reinforcing the institution's commitment to maintaining a safe, respectful, and inclusive campus environment.

The programme also included felicitations by IES Management dignitaries and PTA representatives, including **Smt.Rajalakshmi(PTA executive member)**.

Technical Session

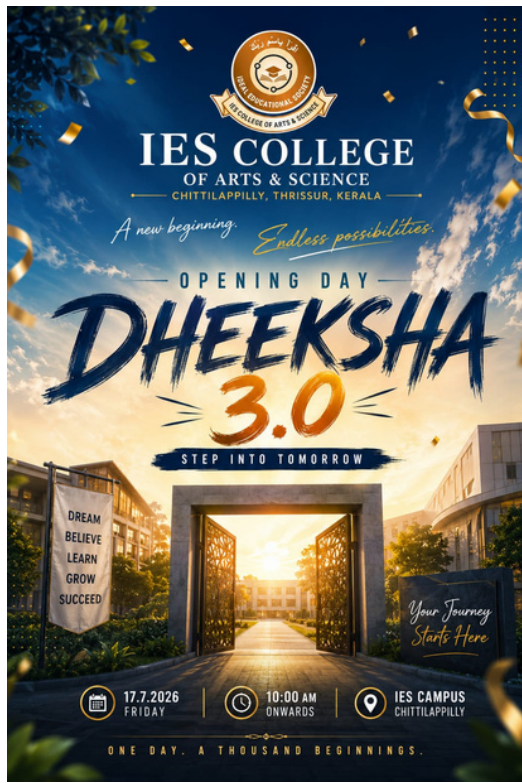
A technical session was conducted at 11:20 a.m. by **Dr. C. L. Joshy, Principal, BIMS, Kunnamkulam**. The session provided students with valuable insights and guidance relevant to their academic and personal development.

This was followed by a Code of Conduct Presentation by Dr. C. C. Babu, Principal, highlighting the rules, responsibilities, values, and expected standards of behaviour within the institution. The programme also included the selection of PTA representatives, encouraging constructive participation and collaboration between parents and the institution.

The formal proceedings concluded with the vote of thanks delivered by **Sri. George N. C., Administration In-charge**, who expressed gratitude to the management, principal, faculty members, dignitaries, parents, and students for their valuable contributions to the successful conduct of the programme.

The programme concluded with the National Anthem at 12:30 p.m.

DHEEKSHA 3.0 served as a meaningful platform for welcoming students and familiarizing them with the academic environment, institutional values, code of conduct, anti-ragging policies, and opportunities available at IES College of Arts and Science, Chittilappilly. The programme successfully created a positive beginning to the students' college journey and encouraged them to pursue their academic and personal goals with confidence, discipline, and responsibility.



DHEEKSHA 3.0

DAY 1



Report: Dheeksha 3.0 – Day 2 Student Induction Programme

Institution: IES College of Arts & Science, Chittilappilly, Thrissur

Date: July 21, 2026

Program: Dheeksha 3.0 (Student Induction & Orientation)

Executive Summary

The second day of Dheeksha 3.0 focused on helping new students transition smoothly into higher education through peer engagement, personal wellness guidance, practical group activities, and long-term academic planning. The day comprised four structured sessions led by expert speakers and faculty members.

Session Highlights

Session 1: Expert Talk – Ice Breaking & Peer Socialization

Time: 09:00 AM – 10:00 AM

Topic: Breaking the Ice, Building Friendships

Resource Person: Mr. Amal C J (Faculty, IES College of Arts & Science & Professional Trainer)

The day kicked off with dynamic ice-breaking games and interactive introductions. Mr. Amal engaged students through collaborative activities designed to reduce initial awkwardness, encourage open communication, and help students form meaningful initial friendships with their batchmates.

Session 2: Expert Talk – Mental Health & Psychological Wellness

Time: 10:00 AM – 11:00 AM

Topic: Your Mind Matters: Building a Healthy, Happy, and Successful College Life

Resource Person: Dr. Stalin Kuriyan (BSc, DHMS, MA-Psy | Homoeopath & Psychologist, Wellness - Gastro Department, Amala Institute of Medical Sciences, Thrissur)

Dr. Kuriyan conducted an insightful session on emotional resilience and mental health management. He highlighted strategies to navigate academic stress, maintain work-life balance, and foster a healthy mindset throughout college.

Session 3: Activity 1 – Campus Life & Belonging

Time: 12:10 PM – 12:30 PM

Topic: Beyond Classrooms: Meet • Mingle • Belong

Resource Persons: Mrs. Swathy V T, Mrs. Rimmy T Roy, and Mrs. Seethal M S (Faculties, IES College of Arts & Science) This hands-on group activity encouraged students to interact beyond traditional academic boundary lines. Through structured interaction exercises, students learned about student communities, campus involvement, and building a sense of belonging within the institution.

Session 4: Expert Talk – Academic & Career Roadmap

Time: 12:30 PM – 01:30 PM

Topic: Your 3-Year Blueprint: Learn, Grow, Succeed

Resource Person: Mrs. Beena C A (Principal, IES Public School & UNESCO Nominated Master Trainer for Mental Health and Wellness Among Students)

Serving as a comprehensive roadmap for undergraduate life, Mrs. Beena provided key guidance on achieving academic excellence, developing core soft skills, preparing for future career opportunities, and making every year of college count towards personal growth.

Key Takeaways

Social Integration: Freshers successfully broke the ice with peers and faculty, laying down a strong network of support.

Holistic Well-being: Students gained practical mental health and stress-coping mechanisms specifically suited for college transitions.

Goal Setting: Participants received a clear, structured framework for managing their upcoming three years of academic and extracurricular growth.



DHEEKSHA 3.0

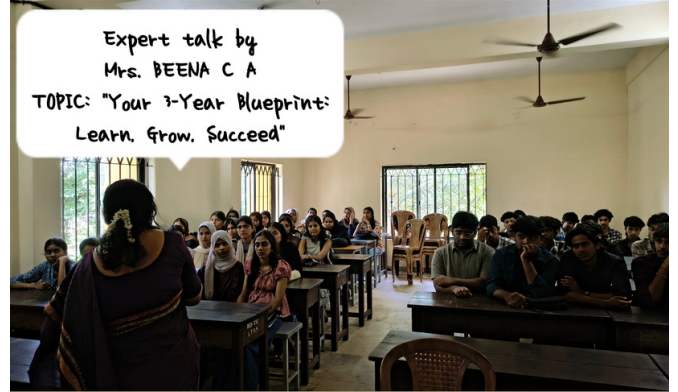


Expert talk
Dr. STALIN KURIYAN
TOPIC: "Your Mind Matters -
Building a Healthy, Happy, and
Successful College Life"



DHEEKSHA 3.0

Expert talk by
Mrs. BEENA C A
TOPIC: "Your 3-Year Blueprint:
Learn, Grow, Succeed"



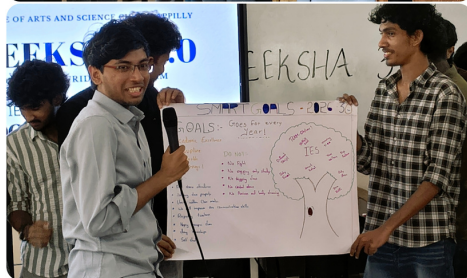
Activity - 1

DHEEKSHA 3.0



Presentation time ✨

DHEEKSHA 3.0



DHEEKSHA 3.0



REPORT

Expert Talk Show – "How to Become a Successful Professional"

The Department of Commerce and Management at IES College of Arts & Science, Chittilappilly, organized an Expert Talk Show titled "How to Become a Successful Professional" on July 14, 2026, at 01:00 PM in the Seminar Hall. The program commenced with a warm welcome address delivered by **Mr. Amal C J**, Academic Coordinator.

The keynote address **Mr. Vipin C. A.**, HR & Relationship Manager at Laurus Group of Companies, who shared valuable industry insights on career advancement, professional etiquette, and essential workplace skills. Following the presentation, student representatives shared their constructive feedback, highlighting how the session helped broaden their perspective on career opportunities. The event concluded with a formal vote of thanks delivered by the Head of Department, **Ms. Salma Thasneem**, expressing gratitude to the guest speaker, management, and student participants.

Date:

Time:

Amal C J

Academic coordinator



REPORT

SWAYAM MOOC Orientation Workshop

The Educational Multimedia Research Centre (EMMRC), University of Calicut, in collaboration with the Consortium for Educational Communication (CEC), New Delhi, conducted a state-level workshop on "SWAYAM MOOC Orientation: Student Enrollment & Credit Transfer" at the **University of Calicut campus**. The workshop was **attended by Mr. Amal C. J.**, SWAYAM Campus Coordinator representing IES College of Arts & Science. The program focused on guiding SWAYAM and IQAC coordinators from affiliated colleges through online course enrollment procedures, available curricula, and university mechanisms for credit transfer.

Inauguration & Leadership:

Inaugurated by Vice-Chancellor Dr. P. Raveendran.

Presided over by Registrar Dr. C. D. Sebastian.

Keynote address delivered by Dr. Parikshat Singh Manhas, Director of CEC, New Delhi.

Key Insights & Directives:

1. Empowerment Through MOOCs: Dr. Parikshat Singh Manhas emphasized that free online courses under SWAYAM go beyond regular degree requirements to build professional expertise in graduates.
2. Campus Study Groups: Teachers were encouraged to take the initiative in forming online learning groups within colleges to motivate students to pursue parallel online programs.
3. Academic Credit Transfer: The Academic Council will discuss policies to ensure credits earned through MOOC courses under Calicut University seamlessly count toward undergraduate degrees.
4. Official Launch: Release of the official promotional poster for SWAYAM MOOC programs produced by Calicut University EMMRC.

Key Speakers: Included EMMRC Director Damodar Prasad, IQAC Coordinator Dr. Abraham Joseph, Controller of Examinations Dr. P. Sunoj Kumar, and Junior Research Officer Rajan Thomas.

Date:

Time:



REPORT

TECH DISCOVERY WORKSHOP & INDUSTRIAL VISIT AT MAKER VILLAGE - CERTIFICATE DISTRIBUTION

IES College of Arts & Science organized a hands-on "Tech Discovery Workshop and Industrial Visit" at Maker Village (IIITM-K) in association with the Centre of Excellence - Intelligent IoT Sensors for **second semester BBA** Students. The initiative was coordinated by faculty members **Mr. Amal C. J.** and **Ms. Seethal M. S.**

A certificate distribution programme was organized to honour the students who successfully participated in the Tech Discovery Workshop & Industrial Visit at Maker Village. The programme was conducted as part of the institution's initiative to provide students with practical exposure to technology, innovation, entrepreneurship, and the startup ecosystem.

The certificates were **distributed by Dr. C. C. Babu, Principal**, who appreciated the students for their active participation and encouraged them to make use of such experiential learning opportunities for their academic and professional development. The programme was coordinated by Mr. Amal C. J., Class Teacher, who facilitated the successful participation of the students and coordinated the overall activities related to the workshop and industrial visit.

The certificate distribution programme concluded on a positive note, recognizing the students' participation and encouraging them to explore emerging technologies, innovation, and entrepreneurial opportunities.

Date:

Time:

Programme Coordinator:

Mr. Amal C. J.

Class Teacher



REPORT

RBI Reelathon 2026 Orientation Session

An awareness and orientation session on the "RBI Reelathon 2026" competition—organized by the Reserve Bank of India, Thiruvananthapuram—was held at IES College of Arts & Science. Mrs. Salma thasneem, welcomed the gathering and introduced the theme of the competition.

The session detailed key financial literacy topics, including awareness against illegitimate loan apps, mule accounts, and digital financial frauds, while explaining submission guidelines for the short-video contest. Student representatives voiced their enthusiasm and positive feedback during the reflection segment. The session concluded with a formal vote of thanks delivered by union advisor Mr.Unnikkuttan P M.

Date:

Time:



REPORT

K-DISC Orientation Programme

An orientation programme on the initiatives and opportunities offered by the Kerala Development and Innovation Strategic Council (K-DISC) was organized at IES College of Arts & Science, Chittilappilly. The programme aimed to familiarize students with various innovation, skill development, entrepreneurship, and project-based opportunities available through K-DISC.

The session commenced with a welcome address by **Mr. Amal C. J.**, Academic Coordinator. The programme was formally inaugurated by **Dr. C. C. Babu, Principal**, who emphasized the importance of innovation, research, and skill development in higher education.

Following the inauguration, **Mr. Sumesh, K-DISC Coordinator**, conducted an informative and engaging orientation session. He explained the various state-level innovation initiatives, skill enrichment opportunities, student projects, and grant-funded programmes offered through K-DISC. He also provided detailed guidance to students regarding the K-DISC registration process and assisted them in understanding the steps involved in registering for the available programmes and opportunities.

The programme concluded with a vote of thanks delivered by **Ms. Jayalakshmi N. V.**, Head of the Department of Management, expressing gratitude to the Principal, resource person, coordinators, faculty members, and students for their valuable contributions and participation.

Date:

Time:



REPORT ON ANTI-RAGGING PLEDGING DAY

Date: 16 July 2026

Time: 1:30 PM

Venue: Seminar Hall

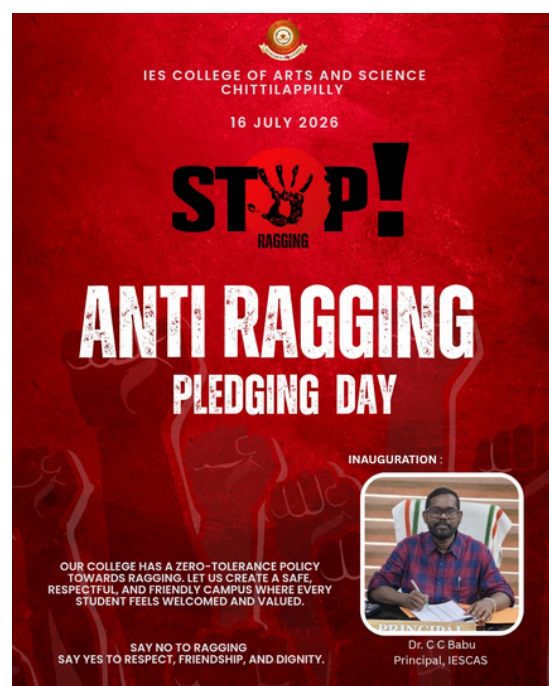
An Anti-Ragging Pledging Day was organized at IES College of Arts and Science, Chittilappilly, on 16 July 2026 at 1:30 PM at the Seminar Hall. The programme was conducted with the objective of creating awareness among students about the harmful effects of ragging and promoting a safe, respectful, and friendly campus environment.

The programme commenced with a welcome address by **Mr. Amal C. J.**, Academic Coordinator, who welcomed the Principal, faculty members, and students and highlighted the importance of maintaining a ragging-free campus.

The programme was formally inaugurated by **Dr. C. C. Babu, Principal**, IESCAS. In his inaugural address, he emphasized the institution's zero-tolerance policy towards ragging and urged students to uphold mutual respect, dignity, friendship, and responsibility. He also encouraged students to contribute towards creating a safe and supportive environment for everyone.

As part of the programme, students were sensitized to the consequences of ragging and the importance of ensuring the well-being and dignity of fellow students. The Anti-Ragging Pledge was also administered, reaffirming the collective commitment of the college community to preventing ragging in all forms.

The programme concluded with the vote of thanks delivered by **Mrs. Salma Thasneem**, HOD, Department of Commerce, who expressed gratitude to the Principal, faculty members, and students for their active participation and support.



REPORT

WORLD ENVIRONMENT DAY CELEBRATION 2026

Date: 5 June 2026

Time: 11:30 AM

Theme: “Inspired by Nature. For Climate. For Our Future.”

IES College of Arts and Science, Chittilappilly, celebrated World Environment Day 2026 on 5 June 2026 with the aim of creating awareness among students about environmental conservation and the importance of protecting nature.

The programme commenced with the introductory remarks by **Dr. C. C. Babu**, Principal, who highlighted the significance of environmental protection and the responsibility of students in promoting sustainable practices. The programme was formally inaugurated by **Mr. P. K. Muhammed**, Academic Director.

As part of the celebration, **Mr. Rajan T. S.**, recipient of the Best Mixed Farmer Award, was honoured with a memento in recognition of his valuable contributions to sustainable and mixed farming practices. His presence and achievements inspired the students to understand the importance of environmentally responsible agricultural practices.

The programme also emphasized the need for sustainable living, conservation of natural resources, climate action, and active participation of the younger generation in environmental protection. The celebration concluded on a meaningful note, encouraging everyone to adopt eco-friendly practices and contribute towards a greener and healthier future.



REPORT

AARAV 2026 – FIFA World Cup Celebration: Football Match

IES College of Arts and Science, Chittilappilly, organized a Football Match as part of AARAV 2026 – FIFA World Cup Celebration on Tuesday, 16 June 2026. The football match was organized with the objective of promoting teamwork, sportsmanship, discipline, leadership, and healthy competition among students. Students actively participated in the match with great enthusiasm and competitive spirit.

The match provided an excellent opportunity for students to showcase their football skills while developing coordination, team spirit, and mutual respect. The energetic participation of the students created a vibrant and exciting atmosphere throughout the event.

The programme successfully celebrated the spirit of football and strengthened unity, friendship, and sportsmanship among the students. The event concluded on a positive note, leaving the participants with an enjoyable and memorable sporting experience.



REPORT

PTA MEETING

Date: 01 July 2026 (Wednesday)

Starting Time: 10:00 a.m.

Venue: Seminar Hall, IES College of Arts & Science, Chittilappilly

A Parent-Teacher Association (PTA) meeting for the parents/guardians of Third Semester BBA/B.Com and Fifth Semester BBA/B.Com students was conducted on 01 July 2026 (Wednesday) at 10:00 a.m. at the Seminar Hall of IES College of Arts & Science, Chittilappilly.

The meeting was inaugurated by **Dr. Babu C. C., Principal**, IES College of Arts & Science, Chittilappilly. The Principal addressed the parents and highlighted the importance of cooperation between parents and teachers in supporting the academic progress, discipline, attendance, and overall development of students.

After the general meeting, class-wise PTA meetings and discussions were conducted. Class teachers interacted with the parents and discussed the students' academic performance, attendance, discipline, and other relevant matters. Parents were also given an opportunity to share their concerns, suggestions, and feedback regarding the academic and overall development of their wards.

The meeting concluded with a fruitful discussion and strengthened the cooperation between parents and teachers for the betterment of the students.

CLASS ATTENDANCE

S3 BBA -	11
S3 B.COM -	9
S5 BBA -	15
S5 B.COM -	4



Report

Independence Day Celebration 2026

Date: 15 August 2026

Time: 9:30 AM

Venue: IES College of Arts & Science, Chittilappilly, Thrissur

IES College of Arts & Science, Chittilappilly, celebrated India's 80th Independence Day on 15 August 2026 with patriotic spirit and enthusiasm. The programme commenced at 9:00 AM in the college premises.

The celebration began with the flag hoisting ceremony by Mr. Abdul Rasheed K P, Senior Vice President, IES. This was followed by the singing of the National Anthem, instilling a sense of patriotism and national pride among the gathering.

Dr. Babu C C, Principal, IESCAS, delivered the Presidential Address. Mr. Abdul Rasheed K P delivered the Independence Day message, highlighting the significance of freedom, national unity, responsibility, and the role of students in building a progressive nation.

The programme also included a prize distribution ceremony, recognizing and appreciating the achievements of students. The event concluded with the Vote of Thanks, expressing gratitude to the management, principal, faculty members, staff, and students for their valuable contributions towards the successful conduct of the celebration.

The Independence Day celebration served as a meaningful occasion to remember the sacrifices of our freedom fighters and to inspire students to uphold the values of unity, democracy, responsibility, and patriotism.

